

2025 Pharmacy Pearls for Prescribers- Diabetes Series 3.1

12/01/2025 to 12/01/2027

Enduring Material

Purpose:

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss diabetes and prediabetes management related to: considerations for initiating pharmacotherapy in T2 Diabetes, managing SGLT2 Inhibitor adverse effects and cardiorenal risk reduction in T2 Diabetes.

Objectives:

- 1 Discuss initial pharmacotherapy selection related to baseline A1c
- 2 Discuss cardiorenal risk reduction in T2 Diabetes
- 3 Review medication stewardship to ensure optimal outcomes
- 4 Apply cost-mitigation strategies to optimize medication adherence for adults with Type 2 Diabetes
- 5 Describe how a multidisciplinary collaboration can contribute to continuous and reliable patient care

Target Audience:

Physician, Nurse - RN, Pharmacist, Pharmacy Technician, Nurse -LPN/LVN

For successful completion:

- Watch video
- Complete post-test
- Complete evaluation

Accreditation & Credit Designation:

Accreditation



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Continuing Education Credit Designation(s)



IPCE CREDIT™

IPCE (Team-based): This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

Medicine CME: Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

Nurse CE: Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity



Nursing Pharmacotherapeutic

This activity has been approved for 1.00 pharmacotherapeutic credit(s).

Pharmacy CE: Avera designates this activity for 1.00 ACPE contact hour(s). Pharmacists and pharmacy technicians should claim only the credit commensurate with the extent of their participation in the activity. Credit will be uploaded to the NABP CPE Monitor® within 30 days after the activity completion. Per ACPE rules, Avera does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist or pharmacy technician to provide the correct information (NABP ID and DOB (MMDD)) to receive credit.

Additional Information:

Feedback person for this educational activity is:

Enduring Material available from 12/23/2025 to 12/23/2027

- This course content was reviewed on 12/23/2025

Disclosure Policy:

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

| Name of individual | Individual's role in activity | Nature of Relationship(s) / Name of Ineligible Company(s) |
|--------------------------------------|--|--|
| Kelly Boyd, MSN | Lead Planner | Nothing to disclose |
| Rachelle Davis, PharmD, Pharmacist | Content Expert - Committee Member, Faculty | Nothing to disclose |
| Allison 4472 Hein 4972, PharmD, BCPS | Committee Planning Member | Nothing to disclose |
| Mara Hermiston, DO | Content Expert - Committee Member | Nothing to disclose |
| Patrick Huska, PharmD, BCPS | Committee Planning Member | Nothing to disclose |
| Rebecca Moore, PharmD, Pharmacist | Committee Planning Member | Nothing to disclose |
| Denise Page, BS | Committee Planning Member | Nothing to disclose |
| Chad Thury, DO | Content Expert - Committee Member | Nothing to disclose |
| Emily Van Klompenburg, PharmD | Committee Planning Member | Nothing to disclose |
| Beau (6042) VanOverschelde, PharmD | Committee Planning Member | Nothing to disclose |

REMINDER

Attendance can be texted up to 24 hours after the activity

